

# OCPS Hot Charter School Breakfast & Lunch Menu May 2024

An assortment of milk is offered daily to include 1% low-fat white milk, and flavored skim varieties. One juice per meal on featured days.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	WGR Assorted Cereal Bars (2G) CH D 0020/ CH D 0027A 100% Fruit Juice Blend (½c. juice) CH F 0012 Applesauce Cup (½c. fruit) CH F 0007 <b>Assorted Milk</b>	WGR Cinnamon or Strawberry Pop-tarts (2G) D 0041/ D 0040 100% Apple Cherry Juice (½ c. fruit) CH F 0016 Sliced Apples (½c. fruit) CH F 0004 <b>Assorted Milk</b>	Yogurt Cup w/ WGR Granola (2G) E 0010B 100% Apple Juice (½ c. juice) CH F 0010 Strawberry Cup (½c. fruit) CH F 0027 <b>Assorted Milk</b>	WGR Banana Bread Slice (2G) CH D 0030 Peaches (½c. fruit) CH F 0026 100% Apple Cherry Juice (½ c. fruit) CH F 0016 <b>Assorted Milk</b>	WGR Donut Holes (2G) CH D 0106 100% Fruit Juice Blend (½ cup juice) CH F 0012 Orange Wedges (½c. fruit) CH F 0020 <b>Assorted Milk</b>
	6	7	8	9	10
<b>W2</b>	WGR Chicken Sandwich (2M,3G) CH E 0041L  <b>Roasted Carrots (½c. red/orange)</b> CH B 0126 <b>Green Beans (½ c. other)</b> CH B 0017  <b>Assorted Juice (½ c. fruit juice)</b> CH F 0010, CH F 0016, CH F 0012 <b>Watermelon Raisels (½ c. fruit)</b> CH F 0028  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	WGR Cheese Pizza Rippers (2M, 2.25G) CH E 0333L  <b>Marinara Dipping Sauce (½c. red/orange)</b> CH B 0037 <b>100% Mango Splash Vegetable Juice (½ c. other juice)</b> CH F 0013  <b>Peaches (½ c. fruit)</b> CH F 0025 <b>Sliced Apples (½ c. fruit)</b> CH F 0004  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	Sofrito Drumstick (2M) CH E 0308L <b>½ c. Brown Rice (1G)</b> CH D 0011 – ES/MS Only  Sofrito Drumstick w/ <b>1c. Brown Rice</b> (2M,2G) CH E 0308L/ CH D 0012 – HS Only  <b>Black Beans (½ c. legume)</b> CH B 0070 <b>Sweet Plantains (½c.)</b> CH B 0109  <b>Tangerine (½c. fruit)</b> CH F 0045 <b>Peach Cup (½ c. fruit)</b> CH F 0025  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	WGR Hamburger/Cheeseburger (2.5M, 2G) CH E 0094L/ CH E 0090L  <b>Steamed Broccoli (½ c. green)</b> CH B 0060 <b>Cool Tropics Rips, Tropical Trio or Berry, Berry Blue (½c. other juice)</b> CH F 0048/ CH F 0018  <b>Diced Pears (½ c. fruit)</b> CH F 0029 <b>Banana (½c. fruit)</b> CH F 0022  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	WGR Asian Tangerine Chicken (2M, 0.5G) CH E 0139L <b>½ c. Brown Rice (1G)</b> CH D 0117 – K8 <b>1c. Brown Fried Rice (2G)</b> CH D 0118 – HS Only  <b>Asian Carrot Slaw (½ c. red/orange)</b> CH B 0241 <b>Cucumber Dipper w/ Ranch (½ c. other)</b> CH B 0013  <b>Mixed Fruit (½c. fruit)</b> CH F 0031 <b>Applesauce (½ c. fruit)</b> CH F 0007  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004
	13	14	15	16	17
<b>W3</b>	WGR Garlic French Bread Pizza (2M,2G) CH E 0130L  <b>Marinara Dipping Sauce (½c. red/orange)</b> CH B 0037 <b>Cool Tropics Rips, Tropical Trio or Berry, Berry Blue (½c. other juice)</b> CH F 0048/ CH F 0018  <b>Diced Pears (½ c. fruit)</b> CH F 0029 <b>Whole Apple (½c. fruit)</b> CH F 0003/ CH F 0001  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	Beef Nachos w/ Cheese Sauce & <b>WGR Corn Tortilla Chips</b> CH E 00190L (1.75M, 2G) – ES/MS Only  Beef Nachos w/ Cheese Sauce & <b>WGR Corn Tortilla Chips</b> (2.5M, 2G) CH E 00189L – HS Only  <b>Salsa Dipping Cup (½c. red/orange)</b> CH B 0072 <b>Lettuce &amp; Tomato Cup</b> CH B 0053 (½ c. other, ½ c. red/orange)  <b>Strawberry Cup (½ c. fruit)</b> CH F 0027 <b>Assorted Juice (½c. fruit juice)</b> CH F 0016, CH F 0012, CH F 0010  <b>Assorted Milk</b> CH M 0001, CH M 0002,	Hot Dog on <b>WGR Bun</b> (2M, 2G) CH E 0363L/CH E0060L <b>WGR Honey Scooby Grahams (1G)</b> CH D 0202 – HS only Add  <b>Spicy Roasted Garbanzo Beans (½ c. legume)</b> CH B 0066 <b>Garlic Spinach (½c. green)</b> CH B 0014  <b>Peaches (½c. fruit)</b> CH F 0026 <b>Applesauce (½c. fruit)</b> CH F 0007  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	WGR Chicken Sandwich (2M,3G) CH E 0041L  <b>Steamed Corn (½c.)</b> CH B 0034 <b>Roasted Broccoli &amp; Cauliflower (½c. other)</b> CH B 0074  <b>Banana (½c. fruit)</b> CH F 0022 <b>Assorted Juice (½c. fruit juice)</b> CH F 0016, CH F 0012, CH F 0010  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004	WGR 6" Personal Pan Pizza (2M,2G) CH E 0495  <b>Marinara Dipping Sauce (½c. red/orange)</b> CH B 0037 <b>Carrot Dippers w/ Ranch (½ c. red/orange)</b> CH B 0005  <b>Apple Slices (½ c. fruit)</b> CH F 0004 <b>Diced Pears (½ c. fruit)</b> CH F 0029  <b>Assorted Milk</b> CH M 0001, CH M 0002, CH M 0003, CH M 0004

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

# OCPS Hot Charter School Breakfast & Lunch Menu May 2024

An assortment of milk is offered daily to include 1% low-fat white milk, and flavored skim varieties. One juice per meal on featured days.

		CH M 0003, CH M 0004			
	20	21	22	23	24 – Last Day of School
<b>W4</b>	<p>WGR Chicken Sandwich (2M,3G) <b>CH E 0041L</b></p> <p style="text-align: center;"><b>Sweet Potato Waffles</b> (½ c. red/orange) <b>CH B 0042</b></p> <p style="text-align: center;"><b>Green Beans</b> (½ c. other) <b>CH B 0017</b></p> <p style="text-align: center;"><b>Watermelon Raisels</b> (½ c. fruit) <b>CH F 0028</b></p> <p style="text-align: center;"><b>Assorted Juice</b> (½c. fruit juice) <b>CH F 0016, CH F 0012, CH F 0010</b></p> <p style="text-align: center;"><b>Assorted Milk</b> <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b></p>	<p>WGR Spicy Chicken Po’boy Sandwich (2M, 3G) <b>CH E 0225L</b></p> <p style="text-align: center;"><b>Pico de Gallo</b> (½ c. red/orange) <b>CH B 0091</b></p> <p style="text-align: center;"><b>Lettuce &amp; Tomato Cup</b> (½ c. other, ¼ c. red/orange) <b>CH B 0053</b></p> <p style="text-align: center;"><b>Peaches</b> (½ c. fruit) <b>CH F 0025</b></p> <p style="text-align: center;"><b>Apple Slices</b> (½ c. fruit) <b>CH F 0004</b></p> <p style="text-align: center;"><b>Assorted Milk</b> <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b></p>	<p>Roasted Drumstick (2M) <b>CH E 0063L</b></p> <p style="text-align: center;"><b>1 ea. Dinner Roll</b> (1G) <b>CH D 0007- ES/MS Only</b></p> <p style="text-align: center;"><b>2 ea. Dinner Rolls</b> (2G) <b>CH D 0006- HS Only</b></p> <p style="text-align: center;"><b>Black Beans</b> (½ c. legume) <b>CH B 0070</b></p> <p style="text-align: center;"><b>Sweet Plantains</b> (½c.) <b>CH B 0109</b></p> <p style="text-align: center;"><b>Applesauce</b> (½c. fruit) <b>CH F 0007</b></p> <p style="text-align: center;"><b>Tangerine</b> (½ c. fruit) <b>CH F 0045</b></p> <p style="text-align: center;"><b>Assorted Milk</b> <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b></p>	<p>WGR Hamburger/Cheeseburger (2-2.5M, 2G) <b>CH E 0094L/ CH E 0090L</b></p> <p>WGR Turkey Bacon Cheeseburger (2.5M,2G) <b>CH E 0104L – HS Only</b></p> <p style="text-align: center;"><b>Fresh Steamed Broccoli or Garlic</b> <b>Spinach</b> (½ c. green) <b>CH B 0060/ CH B 0014</b></p> <p style="text-align: center;"><b>Emoji Potatoes</b> (½c.) <b>CH B 0058</b></p> <p style="text-align: center;"><b>Diced Pears</b> (½ c. fruit) <b>CH F 0029</b></p> <p style="text-align: center;"><b>Banana</b> (½ c. fruit) <b>CH F 0022</b></p> <p style="text-align: center;"><b>Assorted Milk</b> <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b></p>	<p>WGR Cheese Pizza Rippers (2M, 2.25G) <b>CH E 0333L</b></p> <p style="text-align: center;"><b>WGR Bear Grahams Crackers</b> (1G) <b>CH D 0070 –HS only</b></p> <p style="text-align: center;"><b>Marinara Dipping Cup</b> (½ c. red/orange) <b>CH B 0037</b></p> <p style="text-align: center;"><b>Cucumber Dippers</b> (½ c. other) w/ Ranch <b>CH B 0013</b></p> <p style="text-align: center;"><b>Assorted Juice</b> (½c. fruit juice) <b>CH F 0016, CH F 0012, CH F 0010</b></p> <p style="text-align: center;"><b>Mixed Fruit</b> (½c. fruit) <b>CH F 0031</b></p> <p style="text-align: center;"><b>Assorted Milk</b> <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b></p>
	27	28	29	30	31
	<b>Summer Break</b>	<b>Summer Break</b>	<b>Summer Break</b>	<b>Summer Break</b>	<b>Summer Break</b>

\*ES – Elementary School, MS – Middle School, HS – High School: All menus must provide 1 c. vegetables daily. HS menus must provide both fruit options; K-8 may offer only one fruit choice at lunch, but do not offer juice as only fruit choice at lunch. At breakfast, both fruit options must be provided.

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