ORLANDO SCIENCE ELEMENTARY SCHOOL

# OSES News Weekly

VOLUME 2, ISSUE 21

FEBRUARY 10, 2017

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Dear OSES Family Members,

# Principal's Corner

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Progress Reports go home on Friday, February 17th. Please be sure to check your OSES Connect account for any missing assignments. Parent-Teacher Conference days are the 21st and 23rd of February.

Congratulations to all of the students who participated in the Curtis Science Challenge at the Orlando Science Center. Take a look at Page 10 for pictures of the challenges our students had!

The Smile Mile is March 4th. If you haven't already, please sign up for this great event. Students who register will receive dress down passes. We hope to you everyone there.

Characters of the Month have been announced! Check out Page 9!

We hope you enjoy your weekend and look forward to seeing your student on Monday.

Sincerely, Michael Singleton Principal

## STEM Fair!

Hello Orcas! The STEM fair binder and presentation board are due on Wednesday, February 15th. Please refer to the student packet that your child received, or to the link on our website, http://orlandoscience.org/elementary/index.php/explore/stem-fair. As stated before, this counts as a mandatory project for Grades 3-5, and not completing this will affect your child's grade.

On February 17th, OSES will have their annual STEM fair! All students will get the chance to display their board. If you have any questions, please contact Ms. Knight at

rachel.knight@orlandoscience.org.

This week has been another busy one in kindergarten. In reading the students are doing a kindness study to see how they can treat others with kindness. After learning our ORCAS core values last week the students are doing a great job. Student in Ms. Menoff and Ms. McGee's class have been working on fact families in math and ex-

ploring the relationships between addition and subtraction. In Ms. Yamnitz and Ms. Haecherl's class students have started working on addition and the concept of bringing groups together to get a sum. In science all classes are discussing animal classifications. Students are learning to identify the differences between different groups of animals (reptiles, birds,

# Kindergarten

mammals, etc.). In social students we are studying the importance of Valentine's Day. Students are using various read alouds and videos to complete K-W-L charts to track their learning. Please communicate with your child's teacher regarding any Valentine's Day celebration that will be occurring next week.

## 1st Grade

Ms. Strickland and Mrs. Parker's class worked on teamwork this week. For writing they practiced expanding their sentences, and writing words with long e vowel teams. For reading, they studied cause and effect and characters in their story. For math, they continued studying 2D shapes by using them to compose new shapes and make fractions.

Ms. Swank and Ms. Anderson's class worked on writing bio poems. They learned about multiple meaning words and learned how to compare authors' reasons in two stories. In Math, they are continuing to learn about length.

Congratulations second and third grade for winning the First Annual OSES Great Kindness Challenge! Students were treated to a picnic outside during lunch and ice

cream for dessert!

Ms. Alfiky's class has been working hard on mastering telling time.

Mrs. Bonnell's class is practicing measurement with an at home project where they

### 2nd Grade

have to measure 5 people in inches and feet/inches and make a presentation of their data.

### 3rd Grade

The classes are working towards completing the Study Island assignments before FSA.

The teachers are using the data from the previous MAP scores to review skills and strengthen any areas of concern.

In the classrooms: The classes are studying Life Science. Mrs. Cybulski tied in Reading/Science by reading aloud, Mr. Popper's Penguins.

Her students followed the story by researching penguins. Ms. Kish's class researched endangered animals by using www.worldwildlife.org.

The students created a poster that included: diet, habitat, size, and interesting facts. Did

you know that the Amur Tiger's urine smells like buttered popcorn?

Mrs. Murphee and Ms. Kish worked together to have their students' design t-shirts for Valentine's Day.

They tied in the character traits of: cooperative and considerate towards others.

All classes are looking forward to the STEM fieldtrip at Astroskate!











### 4th Grade

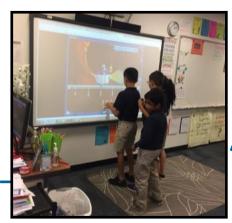
Mrs. Anderson's friends are continuing to practice their writing for the FSA. They did a mock opinion writing FSA last week to prepare them for the big test later this month. They are learning how to better organize their essays and are becoming experts at using text evidence. In math, Mrs. Anderson's friends are wrapping up their unit on comparing and finding equivalent fractions. They spent this week reviewing and doing learning centers to better understand how to work with common denominators. They will start to learn about adding and subtracting fractions next! They also did another SCOOT activity to show their knowledge of simplifying fractions. In science, Mrs. Anderson's friends have just finished their unit on Earth and Space and have learned all about the moon phases and how the seasons change. They are now learning about the Seminole

tribe and the Seminole Wars in their social studies text. Mrs. Anderson's friends have also been very busy with their STEM fair projects. They have put a lot of time and effort into these projects, and they will be on display for the STEM fair next Friday!

Ms. Thomas' class had a busy week. In Reading, we learned about the legend of St. Valentine and the history of chocolate. We also assembled our mailboxes for our treat exchange. In Math, we continued our unit on three-dimensional shapes and volume. In Science, we discussed the impact space exploration has had on Florida's economy. In Social Studies, we took our Chapter 4 test. We also spent Wednesday preparing for our Reading and Math FSAs. Our Writing FSA is 2 ½ weeks away! Please practice writing skills with your child in order to help them feel confident for this important test.



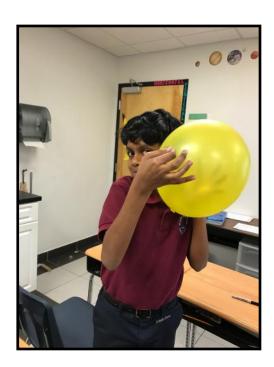


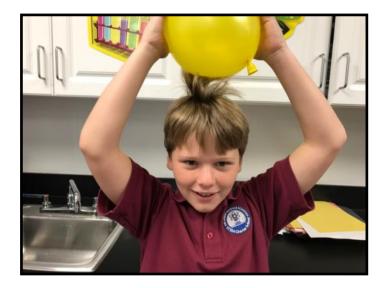












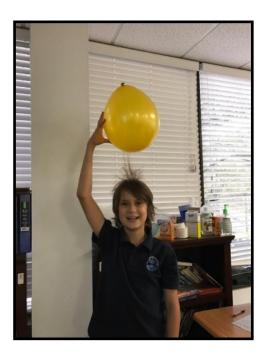


## 5th Grade

This week Ms. Farrell's and Mrs. Culverwell's classes are learning about energy. Outsider of the textbook lessons, they used balloons to feel, hear and see static electricity.

In reading students have been working on figurative language.

This week they competed a group project on the different types of figurative language. Students found figurative language in texts and created their own. Each group presented their projects to the class.



# **Specials: Physical Education**

This week, Kindergarten and first grade learned how to underhand and overhand throw while playing a tag game called "Catch and Chase."

Second through fifth grade began a two week fitness unit this week. The students participated in fitness circuits and worked together with a partner to complete the workout.









#### **Dress Code Reminders**









# FEBRUARY 2016

| Sun | Mon        | Tue                                 | Wed       | Thu                                   | Fri  | Sat   |
|-----|------------|-------------------------------------|-----------|---------------------------------------|--|---|
| 12  | 13         | 14                                  | 15        | 16                                    | 17 Q3 Progress Reports  3rd Grade Field Trip | 18<br>SLA<br>(9am-12pm)   |
| 19  | No School! | 21  K-2 Parent- Teacher Conferences | 22        | 3-5 Parent-<br>Teacher<br>Conferences | 24   | 25<br>SLA<br>(9am-12pm)   |
| 26  | 27         | 2nd Grade<br>Field Trip             | 1 (March) | 2                                     | 3  | Swenie feetral juri für beit Saturdey, March 4, 2017 Blue Jecker Park |

# Characters of the Month

#### Kindergarten

Livia Schumacher Carlos Hakemer-Fernandez Izzah Sheikh Sophia Thomas

#### 2nd Grade

Angel Gutierrez Kaley Earl Yousef Abdelwahed Jayden Adair

#### 4th Grade

Nehir Tas Jah'mari Alexander Samay Chudasama Toni-Rae Charles

#### 1st Grade

Siya Patel
David Serpa
Brayden Choi
Idriss Bourkiza

#### 3rd Grade

Amirah Ouaryachi Teja Dhulipala Zara Bhairo Snigdha Beesabathuni

#### 5th Grade

Ddaniel Jittan
Beatriz Gomez
Aisar Aqel
Chetna Gandhi



Congratulations to all of the students who participated in the Curtis Science Challenge at the Orlando Science Center. OSES was well represented at this competition. Thank you to all the teachers and staff who help organize and prepare our students.









#### Location

Blue Jacket Park

2501 General Rees Ave. . Orlando, FL 32814

NOTE: Parents cannot be on the course pacing dilibren.

| Start Times          | Age / Gender *             |
|----------------------|----------------------------|
| 8:00 a.m             | 11-year boys               |
| 8:15 a.m             | 11-year girls              |
| 8:30 a.m             | 10-year boys               |
| 8:45 a.m             | 10-year girls              |
| 9:00 a.m.            | 9-year boys                |
| 9:15 a.m             | 9-year girls               |
| 9:30 a.m.            | 8-year boys                |
| 9:45 a.m             | 8-year girls               |
| 10:00 a.m.           | 7-year boys                |
| 10:15 a.m            | 7-year girls               |
| 10:30 a.m.           | 6-year bays                |
| 10:45 a.m            | 6-year girls               |
| 11:00 a.m.           | 5-year boys (.5 mile)      |
|                      | 5 year girls (.5 mile)     |
|                      | 4-under kids' run (Free)** |
| *M thus are am and a | on subject to change       |

- \*All times are arm and are subject to change
- \*\* Register on Rize Day, Eshirt not Included. Unscoped, all finishes receive a libban!

#### Registration

Register Now at TrackShack.com

Walk in or mail completed entry form to Track Shack • 1104 North Mills Avenue Orlando, FL 32803 • 407-896-1160 Make check payable to: Tarak Shack Friness Club

#### Entry Fee

Entry fees are nonre landable and non transferable.

Thru February 18......\$8 Feb. 19 - Mar. 3......\$11

Kids' Run Free (4-ander, Raz e Day Registration Only)



# A One Mile Run Just for Kids! Saturday March 4, 2017 Blue Jacket Park









#### Packet Pick-Up

Roce number, t-shirt, and information will be available for pick-up at Track Shack, Wednesday, March 1 - Friday, March 3 from 10 am to 7 pm and on roce day at the roce site beginning at 7 am

#### T-shirts

All Smile Mile registered entrants receive a t-shirt. Sizes are not guaranteed for race day registration.

Size Key:

YS = 6-8, YM = 10-12, YL = 14-16 Adult S = Small, M = Medium, L = Large

**Awards** 

Top three boys and girls in each age group.

Medals will be given to all half milers/milers
Courtesy of the Musante Family Trust

#### Participation Award

A \$500 Track Shock Foundation grant will be awarded to one school from each county with the most runners participating! To qualify a school must have a minimum of 25 runners participating.

#### Beneficiary



For more information on the Track Shack Foundation, please visit Track Shack.com

For More Information or to Enter Online Run to TrackShack.com

Restrictions for softly reasons, body juggers/strakke, belycles, railer skate, in the skate, days and parents paring children are prohibited from the reseasonse. The use of healthcoses is discussed.

| Smile Mile 2017 Child's Last Name |          |        | Chi     | Stoy of Ross |                 |                     |           |         |      | MI      | M     | ale     | Female   |       |          | OFFICIAL USE ONLY |     |  |         |     |     |          |                            |                             |  |            |    |
|-----------------------------------|----------|--------|---------|--------------|-----------------|---------------------|-----------|---------|------|---------|-------|---------|----------|-------|----------|-------------------|-----|--|---------|-----|-----|----------|----------------------------|-----------------------------|--|------------|----|
| Date o                            | of Birth | (Day M | onth Ye | sar)         |                 | Age io              | Nace Day) | Sc      | hool | Name    | Т     |         | _        | +     |          |                   |     | Ц                                      | L       |     | H   | ]<br>    |                            | -                           | 1  | T          | -  |
| Count                             | [        | 9 50   |         | al a         |                 |                     |           |         | 45   | 4       | Parer | nt E-Me | 4        | - 12  | 87       | 502               | 12  | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ | 50      | X.  | _   | -        | - 25                       | 1                           | 4  | 1          | 1  |
|                                   | 2 48     |        |         | 18           | 8               | 8                   |           | -83     | -34  |         | 8     |         |          | 8     | -        | 1 5               |     |  |         | Š.  | 50  | 62.7     | 240                        |                             |  | 188        | 16 |
| Day Pi                            | hone     | 83     | 8       |              | (2 <sub>1</sub> | 30 <sub>0.0</sub> 5 | W 8       | 33      | 100  | Eventi  | ng Ph | one     | 93       |       | <u> </u> | \$                |     | , 24.,                                 | , 1 k , | 88  | 287 | 8 8      | Please                     | see h                       | ey aba   | ve.        | 10 |
|                                   |          | -      |         |              | -               |                     |           |         |      |         |       | -       |          |       |          | -                 |     |  |         |     | YS  | ΥM       | YL.                        | 5                           | M  | L          |    |
| Metho<br>Payme                    |          | Cash   | Check   | Charge       |                 | Visa _              | Vects     | rCard . | Ī    | Amer. I | ×     |         | piration | Dane: | ]        | A                 | mou | int Ei                                 | nclo    | sed | N   | fall cor | Trac<br>npletec<br>hack, 1 | ek Sha<br>d entry<br>1104 h | ey orde<br>ock Film<br>y form<br>N Mills<br>+ 4074 | to:<br>Ave |    |

child in my case is offering, any substitiony or political division freeze, of their respective officers, applicable with anity or political division freeze, of their respective officers, applicable with anity or political division in the event of its description in the event of its description of its my case is provided by the firmy claim or the division in my case division of with anity or political above. If my claim is taken for its companies of the event of its description of the event of the companies of the event of the companies or the provided political approach in the event of the event

| 200202000000000000000000000000000000000   | Date  |
|---|-------|
| Paranti/Grant dian signature is coquinat: | Defic |

#### 2016-2017 Orlando Science Elementary Field Trip Form

What: 3 - 5 Field trin

unless they are a designated chaperone.

| vilació Sticia dip   |  |
|--|--|
| When: Tuesday, May 16 <sup>th</sup> 2017   | Where: Blue Man Group @Universal CityWalk!   |
| Lunch: Students will bring a sack lunch to e   | eat  |
| Transportation: Orange County School Bus   | es will pick us up at 9:30am and drop us off at 1:30pm   |
| Cost: \$50.00 per student due by April 14 <sup>th</sup> ,                                | 2017   |
| Due Date: Return the bottom half of this fo  | orm and payment to Music Teacher by <u>Friday, April 28<sup>th</sup></u> , <u>2017</u>   |
|  | olan of 2 \$25.00 payments. First payment will be due Wednesday, February 017. Please contact Ms. Parrella with further questions:                           |
| **If you are willing and able to financially habel the envelope with the additional fund | nelp another classmate, please contact your homeroom teacher and/or clearly  |
| <b>*</b>   | ×  |
| Please return this portion with payment to   |  |
| Student Name   |  |
| Printed Parent/Guardian Name:  |  |
| Emergency Contact Phone Number (   | )  |
| Parent/Guardian Signature:   |  |
| Relationship to student:   |  |
| I would like to be a chaperone on the trip _   | Chaperone Cost: \$50.00  |
|  | ne organizers of the field trip. You will be contacted if chosen as a chaperone, e notified. The number of chaperones needed varies for each field trip. All |

Liability Release: Should my child sustain or incur any accident or illness while on Universal CityWalk! property, I hereby authorize Disney employees and EMS to perform emergency care on my behalf. I give permission for my child to participate in any and all activities on that day. I understand that the transportation company and the hosting company, organization, or facility is insured and that Orlando Science Elementary is not responsible for accidents during transportation or at the event, that are not directly as a result of an Orlando Science Elementary employee.

chaperones must be cleared in Additions, before applying as a chaperone. Parents and family may not attend field trips

# Yearbook Pictures!

#### How to Submit pictures to be featured in the Yearbook!

Hello!

This year, submitting pictures to be considered for the yearbook is really easy.

- 1. Go to <a href="http://www.hjeshare.com/eShare/Index.jsp">http://www.hjeshare.com/eShare/Index.jsp</a> or search for HJ ESHARE in the app store (Apple and Android).
- 2. School Code: OSES2017 (case sensitive!)
- 3. Fill out the acknowledgement information.
- 4. Submit up to 10 pictures at a time. Once uploaded, you will be asked for the grade level of the student(s) in the picture. If it was a multi-grade event, such as Grandparents Night, just put K-2, 3-5, etc. If it is a single grade level, just put the number (1st grade = 1). It will also ask for the names of students and a brief description. If it is a class picture, you put "\_\_\_\_\_\_'s Class" or "Grade Level." All fields must have something.

That's it! The deadline to submit pictures will be sometime in March. But please do not wait until the last minute, as I'd like to work on the book throughout the year.

# Pizza Day!

# Pizza Day is back!

When: Every Tuesday

Options: 1 Slice: \$2

Combo #1: 1 Slice and 1 Drink - \$3

Combo #2: 2 Slices and 1 Drink - \$5

Payment: All Pizza money will be collected by your student's classroom teacher on the Monday before Pizza Day.

CASH ONLY will be accepted. Pizza Day money is separate from regular lunch money and cannot be transferred. Please send exact payment with your student in a labeled envelope for their teacher.

\*\*Pizza money turned in after Monday at 2:00 PM will not be accepted.\*\*

Pizzas are ordered from Papa John's. All slices of pizza are cheese only.



# February Lunch Menu

#### Charter Hot School Menu

| February MENU Lunch Fresh Fre                            | uit, Red/Orange, Dark Green, Leg                                      | gumes   |  |  |
|--|---|---|--|--|
| Monday   | Tuesday   | Wednesday   | Thursday   | Friday                                     |
| Assorted Cereal Bars (1G) w/                             | Assorted Yogurt cups with   | Assorted Cereal                                   | Bagel with Cream Cheese(2G)                                  | Assorted Pop-tarts (2 pack)                |
| Mozzarella Cheese Stick                                  | Assorted Granola Pack   | (cups, Bowls, or Bars Must                        | D 0001   | (2G) D 0038; D 0039                        |
| E 0211   | (Chocolate or Cinnamon)   | offer w/ Cheddar Cheese                           | 100 % Apple Juice (% cup                                     | Assorted Juice ( ¾ cup fruit)              |
| 100% Apple Juice (¾ cup                                  | (2G)  | Stick) (2G)                                       | fruit) F 0013  | F 0013; F 0014                             |
| fruit) F0013   | 100% Orange Juice (% cup  | 100% Orange Juice (¾ cup                          | Orange Wedges (½ cup fruit)                                  | Applesauce (½ cup fruit)                   |
| Pear Cup ( ½ cup fruit) F 0029                           | fruit) F 0014   | fruit) F 0014                                     | F 0020   | F 0007                                     |
|  | Whole Assorted Apple (1/2   | Banana (½ cup fruit)                              |  |  |
|  | Cup fruit) F 0001 - Golden;   | F 0022  |  |  |
|  | F 0002 - Granny; F 0003 - Red   |   |  |  |
| 6  | 7   | 8   | 9  | 10   |
| Breaded Chicken Leg Basket                               | Fiesta Fajita Bowl w/peppers and                                      | Cheeseburger/Hamburger                            | Popcorn Chicken Bowl CH E 0111L                              | Beef Teriyaki Bowl with                    |
| (complete meal) CH E 9194L                               | onions over 1c Cilantro Lime Rice                                     | E 0090L / E 0094L                                 | w/ Corn & Mashed Potatoes                                    | 1c. Lo Mein                                |
|  | *(New recipe)   | Vegetarian Beans (½c. legumes)                    | Dinner Roll CH D 0007  | CH E 0096L/CH D 0021                       |
| Cole Slaw (1/2c other) CH B 0050                         | CH E 0307L  | B 0033  | Tangerine (1/2c. fruit)                                      |  |
| Apple tuice (3 /4 cup)                                   |   | Carrot Dippers with Ranch                         | CH F 0045  | Stir Fry Broccoli (1/2c. green)            |
| Apple Juice (3/4 cup)<br>CH F 0013                       | Pico de Gallo (1/2c. red/orange)                                      | (1/2 c red/orange) CH B 0005                      |  | CH B 0023<br>Cauliflower (1/2c, other)     |
| 611 6025   | CH B 0091   |   |  | CH B 0015                                  |
|  | Lettuce & Tomato Salad CH B 0053                                      | Pineapple Tidbits (1/2c. fruit)<br>CH F 0034      |  | Mixed Fruit (ss) ( ½c. fruit)              |
|  | (1/2 c. other, % c. red/orange)                                       | CH F 0034   |  | CH F 0031                                  |
|  | Kiwi, Quarters (1/2c. Fruit)  |   |  |  |
| 42   | CH F 004  | 45  | 45   | 17   |
| 13   | 14  | 15  | 16   | 17   |
| Oven Roasted BBQ Chicken Legs                            | Buffalo Tacos CH E 0301L  | Macaroni and Cheese with                          | Homemade Cheese Pizza  | Rotini with Meatballs and Garlic           |
| CH E 0060L   | with ½ cup Cilantro Lime Rice   | Chicken Nuggets CH E 0043L                        | CH E 0131L   | Toast                                      |
| w/ 2 Dinner Rolls D 0006                                 | CH D 0019   |   | *Curly Fries (1/2 c. starch)*                                | (new recipe)                               |
| BBQ Sidewinders (1/2 c starch)                           | Pico de Gallo (1/2 red/Orange)  | Steamed Broccoli (1/2 c Green) CH B 0020          | ( New recipe) B 0045 Parmesan Garlic Roasted                 | CH E 0250L/CH D 0010                       |
| B 0229L  | CH B 0091   | Sweet Potato Waffle Fries                         | Garbanzo ( ½ c legume)                                       | Fresh Green Beans (1/2c Other)             |
| Cole Slaw (1/2c. other)                                  | Lettuce & Tomato Salad  | (1/2c Red) CH B 0043                              | B 0062   | CH B 0019                                  |
| CH B 0050  | (1/2 c. other, % c. red/orange))                                      |   | Pineapple Tidbits ( ½c fruit)                                | Sweet Plantains (1/2 c Starch)             |
|  | CH B 0053   | Pears(ss) (½c. fruit)                             | CH F 0034  | CH B 0109                                  |
| Apple Juice (3/4 cup)                                    | Orange Wedges (½c. fruit)   | CH F 0029   |  |  |
| CH F 0013  | CH F 0020   |   |  | Orange Wedges ( ½ c. fruit)<br>CH F 0020   |
|  |   |   |  | Peaches (ss) (½c. fruit)                   |
|  |   |   |  | CH F 0024                                  |
| 20   | 21  | 22  | 23   | 24   |
| 20   | 21  | 22  | 25   | 24   |
|  | Pork Carnitas Bowl E 0243L  | BBQ Beef Rib Sandwich                             | Tangerine Chicken with 1 cup                                 | Cheese Calzone w/                          |
|  |   | CH E 0224L  | Brown Rice E0113L/ D 0012                                    | ½ cup Marinara Sauce                       |
| President's Day  | Cuban Black Beans   | Coleslaw (1/2 c. other)                           | south sein sour sour sour                                    | (Complete Meal)                            |
|  | (1/2 c legumes) CH B 0031<br>Corn (1/2 c Starchy)                     | CH B 0050<br>Steamed Carrots CH B 0008            | Fresh Stir-Fry Green Beans<br>(1/2c. Other) CH B 0065        | E 0136L/CH B 0090                          |
|  | COTN (1/2 C Starcny) CH B 0034  | (1/2 red/Orange)                                  | Sweet Potato Chunks (1/2c, red)                              | Broccoli (1/2c. green)                     |
|  | Orange Wedges ( ½ c. fruit)   | (-,   | CH B 0037  | CH B 0020                                  |
|  | CH F 0020   | Pears (ss) (1/2c. fruit)                          | Banana (1/2c. fruit)   | Assorted Apples (½c. fruit)                |
|  |   | CH F 0029   | CH F 0022  | CH F 0001-Golden;<br>CH F 0002-Granny;     |
|  |   |   |  | CH F 0002-Granny;<br>CH F 0003-Red Apples  |
| 27   | 28  | 1 March   | 2  | 3  |
| Brandad Chiefren Las Bashat                              | Signatu Spiita Boud/aaaaaa  | Chancaburge (User burge                           | Bancorn Chicken Band ou F acces                              | Boof Toringli Send with                    |
| Breaded Chicken Leg Basket<br>(complete meal) CH E 9194L | Fiesta Fajita Bowl w/peppers and<br>onions over 1c Cilantro Lime Rice | Cheeseburger/Hamburger<br>CH E 0090L / CH E 0094L | Popcorn Chicken Bowl CH E 0111L<br>w/ Corn & Mashed Potatoes | Beef Teriyaki Bowl with<br>1c. Lo Mein     |
| recomplete mean on c 31340                               | *(New recipe)   | 011 E 0030E / 011 E 0034E                         | Dinner Roll CH D 0007  | CH E 0096L/CH D 0021                       |
| Cole Slaw (1/2c. other) CH B 0050                        | CH E 0307L  | Vegetarian Beans (½c. legumes)                    | Tangerine (1/2c, fruit)                                      |  |
| Apple Juice (3/4 cup)                                    | Pico de Gallo (1/2c. red/orange)                                      | B 0033  | CH F 0045  | Stir Fry Broccoli (1/2c. green)            |
| CH F 0013  | CH B 0091   | Carrot Dippers with Ranch                         |  | CH B 0023                                  |
|  | Lettuce & Tomato Salad CH B 0053                                      | (1/2c. red) CH B 0003                             |  | Cauliflower (1/2c. other)                  |
|  | (1/2 c. other, % c. red/orange)                                       | Pineapple Tidbits (1/2 Cup)                       |  | CH B 0015                                  |
|  | Kiwi, Quarters (1/2c. Fruit)  | CH F 0034   |  | Mixed Fruit (ss) ( ½c. fruit)<br>CH F 0031 |
|  | CH F 004  |   |  | CH F 0031                                  |
|  |   | 1   | 1  | 1  |